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Today is November 08, 2018 and I turned 40 years of age. The years really flew by and I am certainly feeling my age. Throughout the years of my incarceration I have realized that I had made an atrocious mistake that I will have to live with for the rest of my life. I hurt people that truly cared about me and now they are gone some passed others who just don't want anything to do with me. I do not however feel that what I have committed defines me as the person I am today for I have sat back and evaluated my wrongs and know for sure that I will never make those mistakes again.

I am an individual who is passionate about fighting for what is right. I believe that we are all humans and subject to mistakes and when we acknowledge our mistakes and learn from them we are then able to redeem ourselves and shoot for a better future by not making the same mistake. Who is anyone to judge me without even taking the time to get to know me? Have we not all made mistakes? If you haven't than I guess you must be perfect.

I believe that the greatest power in the world is love and it is my nature to love all humankind no matter what. Love to me is selfless acts of kindness and can sometimes consist of sacrifice to make sure others needs are met. The hardest thing I have experienced is how to love and forgive myself.

It has been hard for me to love myself for many years because of what I have done. I have attempted suicide because of feelings of rejection and prison is a very lonely place for someone like me.

The one thing that really hurts is that I have had pen pals write to me and then out of the blue just stop writing

Page 2 Without even giving a reason why, I never refuse mail and always answer back so this really confuses me. Am I that bad? Do you find me not worth your time?

All I've ever asked was for people to get to know me for who I really am. I am a loyal friend who goes the extra mile for those close to me making sure they have what they need. I am very protective of those close and dear to me and when they hurt emotionally, I also hurt. I always have an ear to listen and a shoulder to cry on. I also give great hugs! [🤗]

I don't look at superficial as an attraction but see beauty in all people. Don't ever let another person put you down because you are unique in your own way and I am ~~here~~ wanting to hear more about you.

I am a sensitive person and am intune with the emotions of others around me. I am very intuitive and sometimes this can be a blessing and then other times it can be a curse. I hate to see others in distress and try to do whatever I can to help in times of their needs.

I know that there are individuals reading this that can look beyond the flaws and see the good that out weighs the bad. Please reach out to me if you truly wish to get to know me.

Our sins may not be the same but we all have done our share of wrong. Who are you to judge

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anyone without judging yourself first?

I am tired of wondering why others can't forgive me and get to know who I really am. Every night at mail call when my name is not called my heart sinks into my chest and sadness fills my eyes. Rejection is all I feel. Is this ~~is~~ all that I have to look forward to? Why should I go on?

Something that I haven't really shared with others is that I suffer with a mental illness and have been diagnosed with Bipolar II. I have been on medication as a kid and see a therapist regularly but it seems to feel like its getting worse. I believe that its because of the lack of support from others.

I am about to be released in 8 months and my biggest fear is that I won't get the assistance on the outside because I have no way of paying. I also fear that I will not have the amount of support from others. I feel that support from others with similar problems would help tremendously.

I feel alienated because I am different from a lot of others in here and because of my charge, prison politics make others shun me and put me out there to inmates. This causes me to be on a defence because staff don't care about keeping us safe. I am a social creature and to be an outcast is a harsh punishment and cuts deep into my heart.

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I have tried religion but found that it just creates more rejection. I have been told by many that Salvation is not for me, and others have said that I have to change who I am just to be saved. I don't know that I even believe there is a God anymore.

This is my plan and goal for the next eight months. I plan to write all back who write me—if you didn't hear back from me then I didn't get your letter.

I plan to write a blog about 3 more times before my release date. For those that want to stay connected after my release be sure to say so. I am serious about this and truly am looking for real friends.

I am allowed to receive emails through GTH now and if you are interested let me know and I will tell you how to open an account. I know how some find this easier than writing a letter.

I plan to try a work out plan so that I build my strength and build. I am currently 6'4", 189lbs and could use some muscle. It is hard in here because I have to budget my funds.

I really would like others to send humorous material so that I can laugh and hopefully feel better in a lonesome situation.

I also can have pictures taken and if you

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5 want a recent one let me know. Always know that I also like pictures.

I Sometimes like to express myself through erotic stories also and if your interested then let me know. I am very fun and am sure that you will enjoy yourself.



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