

"BAT" Behavior Adjustment Training

Learning the philosophy of BAT has been one of the most valuable skills I have ever learned. It was developed by world renowned behaviorist, Grisha Stewart. It is a force-free empowerment based training method. The concept behind it is to teach your dog (or any other living being) to make good decisions on its own.

Being in prison I never thought I would get an opportunity to learn something like this. However after studying, practicing and applying these methods on a daily basis, some of us got very good at it. So we sent out a proposal to Grisha, asking her to come and sponsor us in getting certified. I am proud to have passed her test and now am officially a Certified Behavior Adjustment Trainer Instructor "CBATI".

My experience with training rescue dogs and helping to socialize them in a positive way made a huge impact on me. If I get out, I plan to make a career in dog training as well as helping to save and rescue dogs.

If your dog does not get along well with others, has issues barking, with the mailman, fence fighting, is afraid or doesn't do well with any number of "Triggers", BAT is the ultimate way of helping them. It is a positive reinforcement method of training! Which is very effective! If the criminal justice system would apply this to rehabilitation, they would see much better results, of that I am sure.

Since I moved prisons and am no longer involved with that program, I miss it alot. However I aspire to continue with this in the future and possibly start a BAT training program here. I am very grateful for the opportunity I had to learn and be a part of BAT and to become an official "CBATI".